

NORDIC HOOPS ANALYTICS

TECHNICAL GAME REPORT

BOX SCORE + PLAY-BY-PLAY ANALYSIS



Frøya 121 - 60 TNT Towers

27/09/2026 | BLNO MEN

EXECUTIVE ANALYST REPORT

MATCH VERDICT

Frøya won by 61 through the combined effect of 67.5 points of offensive-rating advantage, stronger shot conversion and the ability to protect more possessions.

- 1** SHOT VALUE: Frøya 65.1% eFG% versus TNT Towers 42.7%.
- 2** POSSESSION SECURITY: TOV% was 11.6% versus 27.3%.
- 3** OFFENSIVE REBOUNDING: OREB totals were 16 versus 7; extra chances must be connected to efficient scoring.
- 4** PACE: estimated possessions were 87.4 and 84.4, not simply the number of field-goal attempts.
- 5** GAME CONTROL: the scoring flow below identifies when the margin expanded or contracted.

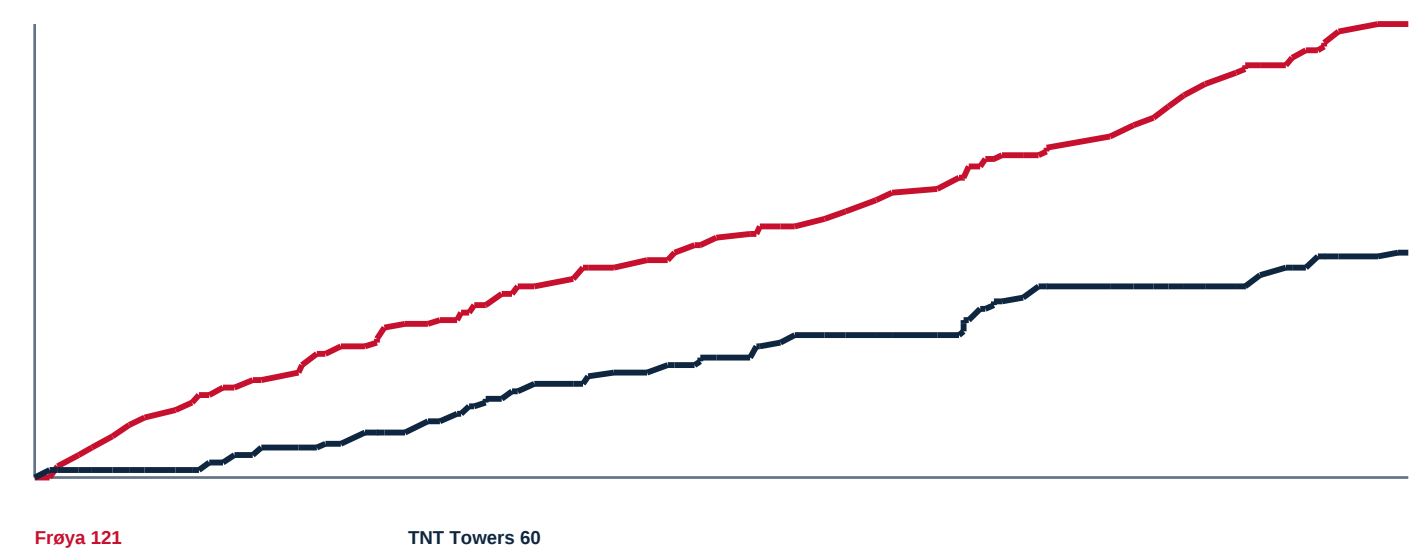
SCORING FLOW AND TEMPO

PERIOD	Frøya	TNT Towers	CUMULATIVE
Q1	37	12	37 - 12
Q2	27	20	64 - 32
Q3	24	19	88 - 51
Q4	33	9	121 - 60

SCORING RATE / GAME TEMPO

METRIC	Frøya	TNT Towers
Points per minute	3.02	1.5
Points per possession	1.385	0.711
Possessions per minute	2.18	2.11
Seconds per possession	27.5	28.4
Estimated ORTG	138.5	71.1

CUMULATIVE SCORE



ANALYST NOTE

The pace profile is separated from the scoring profile: a team can play at similar volume but generate a very different number of points per possession. Frøya scored 1.385 points per estimated possession.

COMPLETE TEAM BOX SCORE

STAT	Frøya	TNT Towers	WHY IT MATTERS
Points	121	60	61
FGM - FGA	45 - 83	20 - 55	25 makes
2PT	27/40	13/38	interior conversion
3PT	18/43	7/17	perimeter volume
FT	13/19	13/26	line pressure
OREB - DREB	16 - 28	7 - 18	9 OREB
Total rebounds	44	25	second chances
Assists	30	11	creation
Turnovers	12	25	possession cost
Steals	18	7	pressure
Blocks	5	1	rim events

ADVANCED TEAM PROFILE

METRIC	Frøya	TNT Towers	INTERPRETATION
ORTG	138.5	71.1	Frøya offensive edge
DRTG	71.1	138.5	lower is better
NET RTG	67.5	-67.5	single-game net
eFG%	65.1%	42.7%	shot value
TS%	66.2%	45.2%	free throws included
TOV%	11.6%	27.3%	possessions ending early
OREB%	47.1%	20%	second-chance share
FTr	22.9%	47.3%	FTA per FGA
AST/FGM%	66.7%	55%	assisted makes
3PA rate	51.8%	30.9%	perimeter diet

Possessions = FGA + 0.44 x FTA - OREB + TOV. DRTG uses opponent points over each team's estimated possessions.

SHOT ECONOMY

SHOOTING CHANNEL	Frøya	TNT Towers	ANALYTICAL READING
Points from 2PT	54	26	interior scoring
Points from 3PT	54	21	perimeter scoring
Points from FT	13	13	line pressure
2PT FG%	67.5%	34.2%	conversion
3PT FG%	41.9%	41.2%	perimeter conversion
FT%	68.4%	50%	free-throw conversion
Paint / 2PT attempt share	48.2%	69.1%	interior volume
3PT attempt share	51.8%	30.9%	perimeter volume

WHAT THIS MEANS ON COURT

The comparison must distinguish makes, attempts and points. Identical three-point makes can coexist with very different efficiency if one team needs more attempts; the higher-leverage separator is usually the combination of two-point conversion, turnovers and free-throw pressure.

SHOT-TIME PROFILE

WINDOW	H FGA	H FG%	H eFG%	H PTS	A FGA	A FG%	A eFG%	A PTS
EARLY 24-17 sec	32	65.6%	73.4%	47	13	38.5%	46.2%	12
MIDDLE 16-9 sec	25	52%	64%	32	15	46.7%	50%	15
LATE 8-0 sec	11	36.4%	50%	11	19	26.3%	31.6%	12
CLASSIFIED TOTAL	68	66.2%	66.2%	108	47	42.6%	42.6%	47

IMPORTANT INTERPRETATION

Classified attempts: 68/83 for Frøya and 47/55 for TNT Towers. No official shot-clock field exists in the source; windows are reconstructed from game-clock events, made baskets, rebounds, turnovers and qualifying resets.

POSSESSION BATTLE

POSSESSION EVENT	Frøya	TNT Towers	COACHING INTERPRETATION
Estimated possessions	87.4	84.4	volume
Turnovers	12	25	lost opportunities
Steals	18	7	disruption
Offensive rebounds	16	7	extended possessions
Defensive rebounds	28	18	finished sequences
Total rebounds	44	25	overall board
Blocks	5	1	rim protection

PBP events loaded: 961. Scoring is checked against the official final score before a report is generated.

Frøya - FULL PLAYER TABLE

PLAYER	MIN	PTS	FGA	3PA	FTA	2P%	3P%	eFG%	TS%	USG%	AST	TO	REB
Aksel Hvalgård Borg	29.4	14	10	2	0	50	100	70	70	13.7	1	2	11
Jacob Månsson	23.2	15	10	3	4	57.1	33.3	55	63.8	14.6	5	1	7
Kasper Hagberg	22.9	23	10	7	3	66.7	85.7	110	101.6	15.2	11	2	9
Cory Johnson	21.1	19	12	7	4	80	42.9	70.8	69	15.8	1	0	4
Sondre Jacobsen	20.8	15	11	3	0	75	33.3	68.2	68.2	12.6	2	0	0
Christopher Jetsadakhon Dallan	20.4	11	7	4	2	100	25	64.3	69.8	11.3	4	2	1
Jo Mathias Bjørnevog	18.8	3	7	7	0	0	14.3	21.4	21.4	9.2	3	1	2
Johannes Benjamin Wangensteen	15.4	7	7	7	2	0	28.6	42.9	44.4	10.2	0	1	2
Mathias Jacobsen	13.6	6	4	3	2	100	33.3	62.5	61.5	5.6	1	0	2
Gabriel Jordan Sanford	9.1	8	4	0	2	75	0	75	82	7.9	2	2	6
Karl-Ivan Gitondo	5.4	0	1	0	0	0	0	0	0	2.3	0	1	0

eFG% accounts for the added value of three-point makes. TS% includes free throws. USG% estimates the share of team possessions finished by the player.

TNT Towers - FULL PLAYER TABLE

PLAYER	MIN	PTS	FGA	3PA	FTA	2P%	3P%	eFG%	TS%	USG%	AST	TO	REB
Filip August Klemmetsby	35.3	19	12	5	9	14.3	60	45.8	59.5	26	0	6	4
Shamel Ibrahim Shaka	31.5	6	9	2	3	14.3	50	27.8	29.1	18.1	1	5	6
Sindre Steihaug Christoffersen	28.1	13	12	5	2	42.9	40	50	50.5	22.4	1	6	4
Vladyslav Unhurian	25.2	8	7	3	2	50	33.3	50	50.8	10.5	1	1	3
Jakob Næss	23.6	5	5	1	4	50	0	40	37	10.4	3	2	2
Odin Akwesi Donkor	23.6	4	6	1	0	40	0	33.3	33.3	8.3	1	1	0
Simen Juvastøl	16.5	3	2	0	2	50	0	50	52.1	5.8	3	2	6
Sander Engum Westgård	8.1	2	1	0	0	100	0	100	100	1.2	0	0	0
Taimoor Ahmad	8.1	0	1	0	4	0	0	0	0	5.6	1	2	0

eFG% accounts for the added value of three-point makes. TS% includes free throws. USG% estimates the share of team possessions finished by the player.

PLAYER PRODUCTION PER 100

PLAYER	TEAM	PTS/100	REB/100	AST/100	STL/100	TO/100	TS%	USG%
Kasper Hagberg	Frøya	26.3	10.3	12.6	6.9	2.3	101.6	15.2
Filip August Klemmetsby	TNT Towers	22.5	4.7	0	1.2	7.1	59.5	26
Cory Johnson	Frøya	21.7	4.6	1.1	1.1	0	69	15.8
Jacob Månsson	Frøya	17.2	8	5.7	6.9	1.1	63.8	14.6
Sondre Jacobsen	Frøya	17.2	0	2.3	0	0	68.2	12.6
Aksel Hvalgård Borg	Frøya	16	12.6	1.1	1.1	2.3	70	13.7
Sindre Steinhaug Christoffersen	TNT Towers	15.4	4.7	1.2	2.4	7.1	50.5	22.4
Christopher Jetsadakhon Dalland	Frøya	12.6	1.1	4.6	1.1	2.3	69.8	11.3
Vladyslav Unhurian	TNT Towers	9.5	3.6	1.2	0	1.2	50.8	10.5
Gabriel Jordan Sanford	Frøya	9.2	6.9	2.3	1.1	2.3	82	7.9
Johannes Benjamin Wangensteen	Frøya	8	2.3	0	1.1	1.1	44.4	10.2
Shamel Ibrahim Shaka	TNT Towers	7.1	7.1	1.2	1.2	5.9	29.1	18.1
Mathias Jacobsen	Frøya	6.9	2.3	1.1	0	0	61.5	5.6
Jakob Næss	TNT Towers	5.9	2.4	3.6	0	2.4	37	10.4
Odin Akwesi Donkor	TNT Towers	4.7	0	1.2	0	1.2	33.3	8.3
Simen Juvastøl	TNT Towers	3.6	7.1	3.6	0	2.4	52.1	5.8
Jo Mathias Bjørnevog	Frøya	3.4	2.3	3.4	1.1	1.1	21.4	9.2
Sander Engum Westgård	TNT Towers	2.4	0	0	1.2	0	100	1.2
Karl-Ivan Gitondo	Frøya	0	0	0	0	1.1	0	2.3
Faimon Ahmad	TNT Towers	0	0	1.2	2.4	2.4	50	5.8

Per 100 stats are normalised to each team's estimated possessions. They are not season averages and should be interpreted alongside minutes and role.

PLAYER-LEVEL ANALYST READ

Frøya: EFFICIENT CORE

Kasper Hagberg (23 pts, 101.6 TS%, 26.3 PTS/100), Gabriel Jordan Sanford (8 pts, 82 TS%, 9.2 PTS/100), Aksel Hvalgård Borg (14 pts, 70 TS%, 16 PTS/100) led the most efficient scoring profiles among players with a meaningful attempt sample.

SCORING DISTRIBUTION

The leading scorers were Kasper Hagberg (23), Cory Johnson (19), Filip August Klemmetsby (19). The key question is whether the scoring came from sustainable shot quality, free throws or high-volume attempts.

CREATION AND SECURITY

Kasper Hagberg supplied 11 assists. Filip August Klemmetsby recorded 6 turnovers, so creation quality must be evaluated together with possession cost.

DATA, METHODS AND CONFIDENCE

OFFICIAL BOX SCORE

Team and player totals come from the official match record.

POSSESSION FORMULA

Estimated possessions = FGA + 0.44 x FTA - OREB + TOV.

ADVANCED RATES

ORTG, DRTG, NET RTG, eFG%, TS%, TOV%, OREB%, FTr, AST/FGM% and 3PA rate are calculated from the box score.

PLAYER RATES

PTS/100, REB/100, AST/100, STL/100 and TO/100 use each team's estimated possessions. USG% is the player's estimated finishing share.

SHOT-TIME RECONSTRUCTION

The play-by-play has game-clock events but no official shot-clock field. Possession starts and resets are reconstructed from event order.

QUALITY CONTROL

961 play-by-play events were loaded; scoring is validated against the final score and malformed parent events are excluded from chronology calculations.

LIMITATION

This is a one-game descriptive analysis. It explains this match and does not establish a repeatable team identity without a larger sample.

FINAL COACHING CONCLUSIONS

FOR FRØYA

Protect the most efficient shot areas, reduce possessions ending in live-ball turnovers and connect offensive rebounds to higher-value attempts. Compare the team's 2PT, 3PT and free-throw profile before making a shooting-only diagnosis.

FOR TNT TOWERS

Preserve the possession and shot-quality advantages that produced the result, but test whether the same profile survives against a different defensive scheme and a larger sample.

MATCH IN ONE SENTENCE

Frøya combined the stronger points-per-possession profile with the better balance between shot value, possession security and scoring distribution.