

NORDIC HOOPS ANALYTICS

TECHNICAL GAME REPORT

BOX SCORE + PLAY-BY-PLAY ANALYSIS



TNT Towers 73 - 78 Nidaros Jets

19/09/2026 | BLNO MEN

EXECUTIVE ANALYST REPORT

MATCH VERDICT

Nidaros Jets won by 5 through the combined effect of -2.2 points of offensive-rating advantage, stronger shot conversion and the ability to protect more possessions.

- 1** SHOT VALUE: TNT Towers 44.9% eFG% versus Nidaros Jets 39.2%.
- 2** POSSESSION SECURITY: TOV% was 9.2% versus 12.8%.
- 3** OFFENSIVE REBOUNDING: OREB totals were 10 versus 17; extra chances must be connected to efficient scoring.
- 4** PACE: estimated possessions were 77 and 84.2, not simply the number of field-goal attempts.
- 5** GAME CONTROL: the scoring flow below identifies when the margin expanded or contracted.

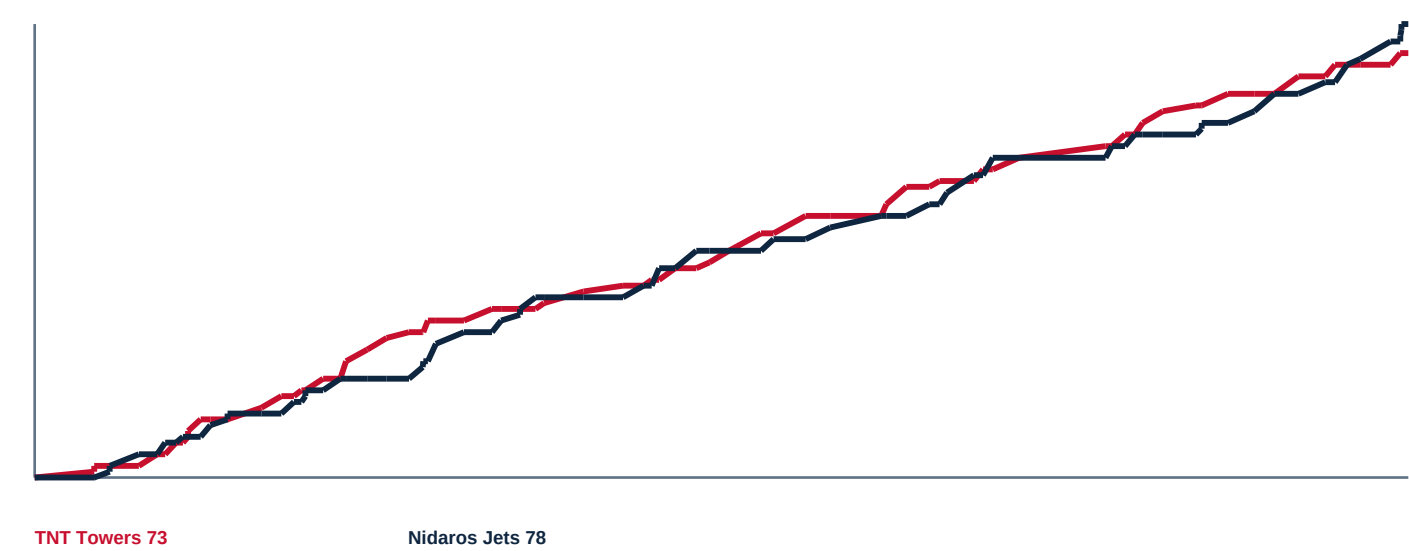
SCORING FLOW AND TEMPO

PERIOD	TNT Towers	Nidaros Jets	CUMULATIVE
Q1	22	17	22 - 17
Q2	15	22	37 - 39
Q3	18	16	55 - 55
Q4	18	23	73 - 78

SCORING RATE / GAME TEMPO

METRIC	TNT Towers	Nidaros Jets
Points per minute	1.82	1.95
Points per possession	0.948	0.926
Possessions per minute	1.93	2.11
Seconds per possession	31.2	28.5
Estimated ORTG	94.8	92.6

CUMULATIVE SCORE



COMPLETE TEAM BOX SCORE

STAT	TNT Towers	Nidaros Jets	WHY IT MATTERS
Points	73	78	-5
FGM - FGA	28 - 68	27 - 79	1 makes
2PT	23/50	19/41	interior conversion
3PT	5/18	8/38	perimeter volume
FT	12/25	16/21	line pressure
OREB - DREB	10 - 29	17 - 27	-7 OREB
Total rebounds	39	44	second chances
Assists	10	8	creation
Turnovers	8	13	possession cost
Steals	11	4	pressure
Blocks	1	2	rim events

ADVANCED TEAM PROFILE

METRIC	TNT Towers	Nidaros Jets	INTERPRETATION
ORTG	94.8	92.6	Nidaros Jets offensive edge
DRTG	92.6	94.8	lower is better
NET RTG	2.2	-2.2	single-game net
eFG%	44.9%	39.2%	shot value
TS%	46.2%	44.2%	free throws included
TOV%	9.2%	12.8%	possessions ending early
OREB%	27%	37%	second-chance share
FTr	36.8%	26.6%	FTA per FGA
AST/FGM%	35.7%	29.6%	assisted makes
3PA rate	26.5%	48.1%	perimeter diet

Possessions = FGA + 0.44 x FTA - OREB + TOV. DRTG uses opponent points over each team's estimated possessions.

SHOT ECONOMY

SHOOTING CHANNEL	TNT Towers	Nidaros Jets	ANALYTICAL READING
Points from 2PT	46	38	interior scoring
Points from 3PT	15	24	perimeter scoring
Points from FT	12	16	line pressure
2PT FG%	46%	46.3%	conversion
3PT FG%	27.8%	21.1%	perimeter conversion
FT%	48%	76.2%	free-throw conversion
Paint / 2PT attempt share	73.5%	51.9%	interior volume
3PT attempt share	26.5%	48.1%	perimeter volume

WHAT THIS MEANS ON COURT

The comparison must distinguish makes, attempts and points. Identical three-point makes can coexist with very different efficiency if one team needs more attempts; the higher-leverage separator is usually the combination of two-point conversion, turnovers and free-throw pressure.

SHOT-TIME PROFILE

WINDOW	H FGA	H FG%	H eFG%	H PTS	A FGA	A FG%	A eFG%	A PTS
EARLY 24-17 sec	15	40%	40%	12	19	36.8%	39.5%	15
MIDDLE 16-9 sec	24	33.3%	37.5%	18	34	26.5%	30.9%	21
LATE 8-0 sec	19	52.6%	57.9%	22	18	44.4%	55.6%	20
CLASSIFIED TOTAL	58	48.3%	48.3%	61	71	38%	38%	62

IMPORTANT INTERPRETATION

Classified attempts: 58/68 for TNT Towers and 71/79 for Nidaros Jets. No official shot-clock field exists in the source; windows are reconstructed from game-clock events, made baskets, rebounds, turnovers and qualifying resets.

POSSESSION BATTLE

POSSESSION EVENT	TNT Towers	Nidaros Jets	COACHING INTERPRETATION
Estimated possessions	77	84.2	volume
Turnovers	8	13	lost opportunities
Steals	11	4	disruption
Offensive rebounds	10	17	extended possessions
Defensive rebounds	29	27	finished sequences
Total rebounds	39	44	overall board
Blocks	1	2	rim protection

PBP events loaded: 906. Scoring is checked against the official final score before a report is generated.

TNT Towers - FULL PLAYER TABLE

PLAYER	MIN	PTS	FGA	3PA	FTA	2P%	3P%	eFG%	TS%	USG%	AST	TO	REB
Shamel Ibrahim Shaka	34.1	6	14	5	3	22.2	0	14.3	19.6	22.5	4	2	3
Jan Prus	33.8	18	14	1	2	53.8	100	60.7	60.5	20.6	0	1	11
Jakob Næss	31.3	12	8	1	8	57.1	0	50	52.1	15	4	0	3
Per Ingar Berthelsen	27.7	13	9	2	2	71.4	50	72.2	65.8	12.8	0	0	6
Sindre Steinhaug Christoffersen	22.3	8	6	4	0	50	50	66.7	66.7	9.1	0	1	3
Filip August Klemmetsby	19	11	12	5	2	42.9	20	37.5	42.7	16.7	1	0	5
Simen Juvastøl	12.8	3	2	0	8	0	0	0	27.2	9.8	0	2	6
Odin Akwesi Donkor	9.7	2	2	0	0	50	0	50	50	3.9	0	1	1
Sander Engum Westgård	3.7	0	0	0	0	0	0	0	0	0	1	0	0
Taimoor Ahmad	2.8	0	1	0	0	0	0	0	0	2.6	0	1	1
Ludvig Kjellstedt	2.4	0	0	0	0	0	0	0	0	0	0	0	0

eFG% accounts for the added value of three-point makes. TS% includes free throws. USG% estimates the share of team possessions finished by the player.

Nidaros Jets - FULL PLAYER TABLE

PLAYER	MIN	PTS	FGA	3PA	FTA	2P%	3P%	eFG%	TS%	USG%	AST	TO	REB
Kevin Kwame Leraand	38	12	15	5	2	40	20	36.7	37.8	21.2	2	2	11
Pietro Mortarino	29.6	22	20	13	11	42.9	15.4	30	44.3	33	1	3	9
Rokas Lukas Pocius	29.4	5	7	4	0	33.3	25	35.7	35.7	8.3	2	0	9
Oliver Edvardsen Øvermo	27.7	15	12	7	4	40	42.9	54.2	54.5	21.1	1	4	3
Gustavas Urbonas	27.5	9	7	1	2	66.7	0	57.1	57.1	11.7	2	2	7
Dennis Valentino Tydeman Nordmark	11	13	5	2	2	37.5	20	34.6	39.6	18.9	0	2	5
Tobias Edvardsen Øvermo	17.3	4	4	2	0	100	0	50	50	4.7	0	0	0
Hallgrim Kiludidi Resheim	2.6	0	0	0	0	0	0	0	0	0	0	0	0
Eskil Berg Sørensen	0.3	0	1	1	0	0	0	0	0	1.2	0	0	0

eFG% accounts for the added value of three-point makes. TS% includes free throws. USG% estimates the share of team possessions finished by the player.

PLAYER PRODUCTION PER 100

PLAYER	TEAM	PTS/100	REB/100	AST/100	STL/100	TO/100	TS%	USG%
Pietro Mortarino	Nidaros Jets	26.1	10.7	1.2	1.2	3.6	44.3	33
Jan Prus	TNT Towers	23.4	14.3	0	0	1.3	60.5	20.6
Oliver Edvardsen Øvermo	Nidaros Jets	17.8	3.6	1.2	0	4.7	54.5	21.1
Per Ingar Berthelsen	TNT Towers	16.9	7.8	0	2.6	0	65.8	12.8
Jakob Næss	TNT Towers	15.6	3.9	5.2	1.3	0	52.1	15
Filip August Klemmetsby	TNT Towers	14.3	6.5	1.3	5.2	0	42.7	16.7
Kevin Kwame Leraand	Nidaros Jets	14.2	13.1	2.4	0	2.4	37.8	21.2
Dennis Valentino Tydeman Nordskag	Nidaros Jets	13.1	5.9	0	0	2.4	39.6	18.9
Gustavas Urbonas	Nidaros Jets	10.7	8.3	2.4	2.4	2.4	57.1	11.7
Sindre Steinhaug Christoffersen	TNT Towers	10.4	3.9	0	0	1.3	66.7	9.1
Shamel Ibrahim Shaka	TNT Towers	7.8	3.9	5.2	2.6	2.6	19.6	22.5
Rokas Lukas Pocius	Nidaros Jets	5.9	10.7	2.4	1.2	0	35.7	8.3
Tobias Edvardsen Øvermo	Nidaros Jets	4.7	0	0	0	0	50	4.7
Simen Juvastøl	TNT Towers	3.9	7.8	0	1.3	2.6	27.2	9.8
Odin Akwesi Donkor	TNT Towers	2.6	1.3	0	1.3	1.3	50	3.9
Sander Engum Westgård	TNT Towers	0	0	1.3	0	0	0	0
Taimoor Ahmad	TNT Towers	0	1.3	0	0	1.3	0	2.6
Ludvig Kjellstedt	TNT Towers	0	0	0	0	0	0	0
Hallgrim Kiludidi Resheim	Nidaros Jets	0	0	0	0	0	0	0
Eskil Berg Sørensen	Nidaros Jets	0	0	0	0	0	0	0

Per 100 stats are normalised to each team's estimated possessions. They are not season averages and should be interpreted alongside minutes and role.

PLAYER-LEVEL ANALYST READ

Nidaros Jets: EFFICIENT CORE

Sindre Steihaug Christoffersen (8 pts, 66.7 TS%, 10.4 PTS/100), Per Ingar Berthelsen (13 pts, 65.8 TS%, 16.9 PTS/100), Jan Prus (18 pts, 60.5 TS%, 23.4 PTS/100) led the most efficient scoring profiles among players with a meaningful attempt sample.

SCORING DISTRIBUTION

The leading scorers were Pietro Mortarino (22), Jan Prus (18), Oliver Edvardsen Øvermo (15). The key question is whether the scoring came from sustainable shot quality, free throws or high-volume attempts.

CREATION AND SECURITY

Shamel Ibrahim Shaka supplied 4 assists. Oliver Edvardsen Øvermo recorded 4 turnovers, so creation quality must be evaluated together with possession cost.

DATA, METHODS AND CONFIDENCE

OFFICIAL BOX SCORE

Team and player totals come from the official match record.

POSSESSION FORMULA

Estimated possessions = FGA + 0.44 x FTA - OREB + TOV.

ADVANCED RATES

ORTG, DRTG, NET RTG, eFG%, TS%, TOV%, OREB%, FTr, AST/FGM% and 3PA rate are calculated from the box score.

PLAYER RATES

PTS/100, REB/100, AST/100, STL/100 and TO/100 use each team's estimated possessions. USG% is the player's estimated finishing share.

SHOT-TIME RECONSTRUCTION

The play-by-play has game-clock events but no official shot-clock field. Possession starts and resets are reconstructed from event order.

QUALITY CONTROL

906 play-by-play events were loaded; scoring is validated against the final score and malformed parent events are excluded from chronology calculations.

LIMITATION

This is a one-game descriptive analysis. It explains this match and does not establish a repeatable team identity without a larger sample.

FINAL COACHING CONCLUSIONS

FOR TNT TOWERS

Protect the most efficient shot areas, reduce possessions ending in live-ball turnovers and connect offensive rebounds to higher-value attempts. Compare the team's 2PT, 3PT and free-throw profile before making a shooting-only diagnosis.

FOR NIDAROS JETS

Preserve the possession and shot-quality advantages that produced the result, but test whether the same profile survives against a different defensive scheme and a larger sample.

MATCH IN ONE SENTENCE

Nidaros Jets combined the stronger points-per-possession profile with the better balance between shot value, possession security and scoring distribution.